## Musculoskeletal conditions are a growing and costly problem

**Prevalence of MSK** conditions are being fuelled by our ageing population and rising levels of physical inactivity and obesity.

It is estimated that musculoskeletal conditions affect up to a third of Wales' population (32%), equivalent to 974,000 people.







Cymru Iach ar Waith Healthy Working Wales

For further information visit HWW webpages: <u>Musculoskeletal Health</u>





MSK ill health costs the **NHS in Wales almost £430 million** per annum.

E430m



**Iechyd Cyhoeddus** Cymru **Public Health** Wales



