

Ways to support young employees (16-24) in the workplace



Offer accessible recruitment processes that are adaptable to individual needs



Train Line Managers on confidence, conversations, neurodiversity and wellbeing



Offer mentoring or buddying



Create structured inductions and support, including wellbeing



Promote regular in-person contact, especially early on



Establish clear communication channels for open dialogue and feedback



Provide financial wellbeing support



Provide opportunities for growth and development



Reach out to Healthy Working Wales for adviser support