

Ways to support young employees (16-24) in the workplace

-  Offer accessible recruitment processes that are adaptable to individual needs
-  Train Line Managers on confidence, conversations, neurodiversity and wellbeing
-  Offer mentoring or buddying
-  Create structured inductions and support, including wellbeing
-  Promote regular in-person contact, especially early on
-  Establish clear communication channels for open dialogue and feedback
-  Provide financial wellbeing support
-  Provide opportunities for growth and development
-  Reach out to Healthy Working Wales for adviser support